Emergency Supplies Checklist

Category	Item	٠	Category	Item	٠	Category	Item	•
Evacuation	Flashlight (plus extra batteries)		Daily	Mobile phone (charger and mobile battery)		Clothing	Clothes (both thick and thin layers to regulate body temperature)	
supplies	Portable radio (plus extra batteries)		necessities	Knife			Underwear	
	Candles			Can opener			Rain gear	
	Lighters/matches			Blankets and towels				
	Rope			Sleeping bags		Other	Prescription records [Okusuri techō]	
	Gloves			Tissues			First aid medicines (stomach medicine, cold medicine, etc.)	
	Stick or umbrella (to check the ground)			Wet wipes			Other medications needed for those with preexisting conditions	
				Plastic bags			Tarp, newspaper	
Emergency food	Hardtack			Portable toilet			Feminine sanitary products	
	Canned food						Diapers and milk/formula	
	Nutritional supplements		Valuables	Cash (including some change)			Evacuation supplies for pets	
	Snacks (candy, etc.)			Bank books and Seal [inkan]			Backpack	
	Potable water (2-3 liters per day per adult)			Health insurance card and driver's license			Mobile battery	

Make a list of contact information for family members, others in the area you would **Emergency contacts** get in touch with when evacuating, relatives or friends you might stay with if you

Relationship	Name	Address	Phone number	Relationship	Name	Address	Phone number

Emergency phone numbers

- Police 110
- Fire and Rescue 119
- Power outages: Hokuriku Electric Power Transmission & Distribution 0120-837119
- Gas leaks: Nihonkai Gas 0570-024-099 (For propane gas leaks, contact the nearest dealer)
- Water outrages, muddy water: Waterworks & Sewerage Bureau 432-8570
- Phone service outage: NTT 113 (Dial 0120-444113 from mobile or PHS)



Flooding Hazard Map

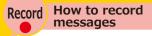
by Toyama City

Other hazard maps issued

Hazard Map



Disaster Emergency Message Dial



Dial 171 Press 1

Enter your phone number (including the area code)

Record your message

PLAY How to play the **Dial 171** Press 2

> Enter your phone number (including the area code)

Play the message for you



←Toyama City Tsunami **Hazard Map**

←Toyama City Landslide

Toyama City Earthquake

→ **Hazard Map**



Inquiries

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Protecting Yourself from Flooding ~Toyama City Flood Hazard Map~



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