# Protect your Community

# Self-help, mutual-help (protecting our community together).

Public assistance (from disaster management agencies) has its limitations. In order to protect our lives from flooding in our community, it is important to be aware of the importance of self-help (protecting our own lives by ourselves) and mutual-help (protecting our community together).

We should be sharing this preventative stance that encourages people to get ready independently so that they can take responsibility for their own safety and make decisions independently rather than relying on the judgment of others.

# Mutual-help (protecting our community together).

Locally-lead disaster preparedness activities are an effective way to achieve safer evacuation in our community.

For example, local disaster drills can provide opportunities for residents to talk to others nearby with whom they usually do not much contact, as they work together to help prepare their community as a whole by thinking about evacuation routes and working to remind people of how important it is to check on older adults and others who live alone.

# Voluntary disaster prevention organization (富山市 自主防災

A voluntary disaster prevention organization is an organization for local residents to cooperate, and "protect their own community" from disasters. Among these, groups on the neighborhood level are expected to play such

roles as "reviewing emergency shelters and evacuation routes, leading evacuation drills", and "spreading awareness about disaster preparedness".



By forming "a voluntary disaster prevention organization", which symbolizes "mutual help" we can enhance our community's disaster preparedness, and each of us should try to actively participate in evacuation drills.

# System to Support those requiring assistance when evacuating

This is a system in which people wishing to be supported by the community are registered in a database and the information is provided to those who are responsible for evacuation support (firefighters, the police, welfare commissioners, neighborhood associations, and voluntary disaster prevention organizations) to help confirm their safety and guide them to evacuate in the event of a disaster.



## Facilities for people requiring assistance (富山市 洪水ハザードマップ Q

Among the facilities for people in need of assistance (such as social welfare facilities) listed in the Toyama City Local Disaster Prevention Plan, those located in areas expected to be flooded are required to prepare a plan to ensure the safety of users in the event of flooding and conduct evacuation drills.



See the [Charts by River] on the Toyama City official website for the flood impact of each river.

## **Our Evacuation Route**

Draw a safe evacuation route from your house to an emergency shelter.

#### (Point 1)

Make it clear enough so that you can use it in an emergency!

Emergency shelter 1

Anticipated situation

Things and places to think about

① Home, ② Emergency shelter, ③ A safe route (more than one each if possible)

#### [Point 2]

Think about multiple options for safe places to evacuate based on different conditions, including scenarios where you are able to evacuate early or not, for example.

Emergency shelter 2

Anticipated situation

Things and places to think about

① Home, ② Emergency shelter, ③ A safe route (more than one if possible)

#### [Anticipated situation]

When evacuation information is based on "the basic assumption" / "the maximum assumption" If it is possible to evacuate early, including voluntary evacuation / Or if it is not possible Weekdays/nights/holidays, etc.

[Things and places to think about] unfenced waterways/uncovered ditches Low ground, steps, etc.

### Try out the quiz

All the answers can be found somewhere in this booklet. See if you can find them!

Question 1: What is the flood depth at which you need to evacuate from a two-story house, whatever the conditions are?

m or more)

Question 2: What is the evacuation information issued by Toyama City and the corresponding Alert Level that means "everyone must evacuate?"

Question 3: Which of the following is the best type of footwear? a. Rubber boots b. Athletic shoes c. Sandals

Question 4: "Potable water" is on the list of emergency goods. Roughly how much drinking water does one adult need each day? liters)

Question 5: Which of the following is the correct action to take when evacuating?

a. Evacuate alone to make the going easier

b. Evacuate voluntarily because you feel in danger before the city issues an evacuation notice.

c. Check the river before evacuating, just in case.